

Healthy Communities Scan

7/8/2013

The Healthy Communities Scan is a tool to help communities identify assets in your town or city that make *'the healthy choice - the easy choice'*. Health starts long before illness – where we live, learn, work and play. This is not an inventory of health (sickness) 'care' services but of assets that help keep us well. The scan is like taking a picture in time, to list the assets that are currently in place to make it easy to live a healthy lifestyle in your community.

The Scan can be considered a tool for engagement. You may need to make contact with a number of partners in order to find out what is going on to support health in your community. Once it is complete, you can review the results together to celebrate, promote the findings, and see what is missing. IH staff can help your community identify gaps, barriers and priorities in order to set action plans, once information is collected.

The Scan follows the Healthy Families BC – Communities 5 pillar framework that includes physical activity, healthy eating, tobacco reduction, healthy built environments, and priority populations. The goal of this program is to improve health and wellness. To ensure the scan is relevant to your community, feel free to use only those sections that seem important or relevant to your work. You may want to expand some sections or delete others. Please make it your own!

Some ideas to get going:

1. Have each member of your committee or group review the template.
2. Meet and decide if you need to add or delete sections from the template to reflect your interests and needs. It has to be useful for you.
3. Figure out a way to gather the information. Some groups do on-line surveys, others send it out to key stakeholders and other communities appoint one person to gather and input data from all partners.
4. Some logical partners may include town recreation staff, elected officials, planners, health authority staff, school district administrators, food councils, mental health associations, ethnic groups, non-profits organizations etc.

* See Glossary of Terms at end of scan

Healthy Communities Scan

Pillar #1: Physical Activity

Policy	<p>(e.g. Trail network policies, active transportation or recreation policies, proximity to amenities policies)</p> <ul style="list-style-type: none"> • RDOS Regional Trails Master Plan •
Bylaws/Procedures	<p>(e.g. Indicators for proximity of green space/parks/amenities and/or trails to residential neighbourhoods, zoning to increase density, transportation routes, bylaw allowing street-hockey,)</p> <ul style="list-style-type: none"> • Woodlie Park has a budget delivered by RDOS • Woodlie Park is run by a committee of local residents • •
Community Committees/Strategies/ Implementation Plans	<p>(e.g. Active Transportation Plan, Parks Master Plan, Trails and Pedestrian Master Plan, Walkable City Initiative, Transit plan, Safe routes to School committee)</p> <ul style="list-style-type: none"> • Al Skramstad maintains Wanderer’s Rest voluntarily (MoTi lands) • HID waives water bill and Senior’s Center donates \$\$\$ • Community Club umbrella group Unity Park recommendations for re-purposing abandoned park lands leased from the Crown (lease is to expire in 2015) • • •
Natural & Built Environment Assets	<p>(e.g. Pool, recreation center, parks, playgrounds, arena, racket courts, sports fields, baseball diamonds, walkability, bike lanes, bike routes, trails, skate board parks, effective public transportation to encourage active transportation, complete streets, end of trip facilities – showers, change rooms, clear walking signage – of where trails are located, neighbourhood amenities, bus shelters)</p> <ul style="list-style-type: none"> • Twenty Mile Creek trail network • Miner’s Park (Crown Land) • Lacrosse box and washrooms at “Unity Park” • Woodlie Park playground • Wanderer’s Rest maintained voluntarily by Al • Barrick stamp mill used by extreme skateboarders • Old Ore skip from Mascot • Horseback riding • Hang gliding and parasailing • Rock climbing • Mountain climbing • Tubing, swimming • potential mountain bike trails at Unity Park • share gardening • Great Northern railbed (walking) • 20 Mile Creek road for ‘#!*@&! ATVs and motorbikes •
Social Connectedness	<p>(e.g. learn-to (run) groups, relaxation/stress reduction, stress buffering, creative play spaces for the early years/families, ‘time banks’ for recreational opportunities, nature clubs, neighbourhood revitalization cooperatives, recreational sport leagues, social dance clubs/events, neighbourhood sport events)</p> <ul style="list-style-type: none"> • Senior’s Center exercise group: Mon, Wed, Sat • Community Club dances (Street Dance in August) • Potluck dinners all seasons • Hedley Volunteer Fire Department: extreme physical training • Indoor Games housed at the Community Club: ping pong, shuffleboard, pool and foosball • Youth group run by TJ etc • Museum events • Dog-walking groups •
Upper Similkameen Indian Band	<ul style="list-style-type: none"> • 4 hour interpretive trip of the historic Mascot Mine site with strenuous stair ascent and descent • Daycare and playground • Sun run team trains springtime for Vancouver Sun Run • events at Chuchwayha Hall • •

Healthy Communities Scan

Pillar #1: Physical Activity

GAP ANALYSIS What's missing to help us thrive?

Policy	<p>(e.g. Trail network policies, active transportation or recreation policies, proximity to amenities policies)</p> <ul style="list-style-type: none"> • • • •
Bylaws/Procedures	<p>(e.g. Indicators for proximity of green space/parks/amenities and/or trails to residential neighbourhoods, zoning to increase density, transportation routes, bylaw allowing street-hockey,)</p> <ul style="list-style-type: none"> • • • • •
Community Committees/Strategies/ Implementation Plans	<p>(e.g. Active Transportation Plan, Parks Master Plan, Trails and Pedestrian Master Plan, Walkable City Initiative, Transit plan, Safe routes to School committee)</p> <ul style="list-style-type: none"> • • • • • • •
Natural & Built Environment Assets	<p>(e.g. Pool, recreation center, parks, playgrounds, arena, racket courts, sports fields, baseball diamonds, walkability, bike lanes, bike routes, trails, skate board parks, effective public transportation to encourage active transportation, complete streets, end of trip facilities – showers, change rooms, clear walking signage – of where trails are located, neighbourhood amenities, bus shelters)</p> <ul style="list-style-type: none"> • Unity Park: No survey exists to determine boundaries • Inconsistent relationships between neighbours of “parklands” • Unclear usage guidelines • Buildings built on right-of-ways • MoTI requires a “road way encumbrance” form to limit liability- which requires a survey- this allows the buildings to remain- and MoTI does NOT care about the bldgs. • Possible to apply for road closures to all the undeveloped roads within the field parcel- likely easy to get • Uncertainty around Crown Lease renewal 2015 • RIVERSIDE RV PARK: has a pool, spa and exercise room: would they consider renting it occasionally?
Social Connectedness	<p>(e.g. learn-to (run) groups, relaxation/stress reduction, stress buffering, creative play spaces for the early years/families, ‘time banks’ for recreational opportunities, nature clubs, neighbourhood revitalization cooperatives, recreational sport leagues, social dance clubs/events, neighbourhood sport events)</p> <ul style="list-style-type: none"> • • • •
Upper Similkameen Indian Band	<ul style="list-style-type: none"> • • •

Healthy Communities Scan

Pillar #2: *Healthy Eating/Food Security*

Policy	<p>(e.g. Food Charter, Healthy Municipal Vending Policies, Eat Smart, Meet Smart Workplace Guidelines, Breastfeeding Friendly Policy, Zoning to increase the number and quality of food retailers and restaurants in underserved areas, healthy food policy in schools, prohibition of fast-food restaurants near schools, Urban Agriculture policies)</p> <ul style="list-style-type: none"> • Hedley Farmer’s Market: Make it, bake it, or grow it (BCAFM policy: keeps it local and of high quality) • HID water “drinking water system guidelines” from Interior Health and EOCP mean that we do not chlorinate our water because it’s a deep well source • Water tested once a week for bacterial contaminants • Water tested for arsenic every three months: results posted on Interior Health website • Barrick Gold runs a water treatment facility which discharges potable water into Twenty Mile Creek •
Bylaws/Procedures	<p>(e.g. Bylaws for developers to include Green Space and Edible Landscapes, urban hens, support for pollinators, guidelines for Food and Beverages Sold at Sporting Events)</p> <ul style="list-style-type: none"> • *NO BYLAWS mean people keep chickens and bees * • HID regulation: a water hook up must be for residential purposes, not solely irrigation •
Community Committees/ Strategies/Implementation Plans	<p>(e.g. Urban Agriculture Plan, Agricultural Land Reserve Plan, Food Action Strategy, Food Policy Council, Joint Use land agreements, gleaning programs)</p> <ul style="list-style-type: none"> • Farmer’s Market, Spirit Gardens • Home delivery from special group dinners • Nickelplate, Hedley Country Market, Hitching Post, and Strayhorse cafes and restaurants
Natural & Built Environment Assets	<p>(e.g. Farmer’s market space, # of community garden plots, edible boulevards & civic landscaping, urban public produce sites, ‘every lawn a garden’ initiatives, daycare and school gardens etc.)</p> <ul style="list-style-type: none"> • Heritage Park at Museum has housed the Farmer’s Market 4years • Share Gardens planted by residents in spaces outside their yards. • Vacant Crown lots: 13 potential Garden sites • Wanderer’s Rest • Twenty Mile Creek Hike, and other trails network • Lot 2900 fields, walking trails and wildlife viewing • Unity park with Lacrosse box and washrooms and storage • Safe small community environment, level and walkable • several good restaurants/cafes and a general store • share gardens • meals on wheels?? • •
Social Connectedness	<p>(e.g. Breastfeeding support and advocacy groups, learn-to cook classes, neighbourhood healthy food gardens and events, garden clubs, cultural food cooperatives, food preservation events etc.)</p> <ul style="list-style-type: none"> • All community groups put on shared food events at low or no cost • Volunteer Fire Department holds occasional dinners for team • HVFD holds Christmas dinner and invites Trustees • Senior’s Center does free Christmas Day dinner with food donations • Christmas Craft Fair, baked and canned goods • Hedley Farmer’s Market • Spirit Gardens/Share Gardens • Xeriscaping workshops which beautify Hedley • Grace Church and Hedley Market participate in Christmas Hampers •
Other Community Programs	<p>Inventory of our kitchen supplies in various community buildings of Hedley- done by TJ Bratt and Beryl Wallace</p> <ul style="list-style-type: none"> • Grace Church: 1-30 cup coffee pot, 1 electric kettle, 4 burner stove, small fridge, cutlery/dishes for 40 ppl • Senior’s Center: 4-burner stove, 24” oven, fridge w/freezer, fridge, sm chest freezer, 2 lg propane grills, 2 electric frying pans, 1 microwave, toaster, electric kettle, 2-100 cup coffee pots, 1-30cup coffee pot, 2-12 cup coffee pots, dishes and cutler for 100 wheelchair access • Museum: 2 Fridges, Freezer, commercial dishwasher, stove, microwave, double sink, built in coffee urn, wheel chair access • Community Hall: Fridge, Freezer, stove, microwave, 2 double sinks, wheelchair accessible (not washrooms), concession at old ballpark has stainless steel gas appliances • Chuchuwaha: condemned

Healthy Communities Scan

Pillar #2: *Healthy Eating/Food Security GAP ANALYSIS What do we need to thrive?*

Policy	<p>(e.g. Food Charter, Healthy Municipal Vending Policies, Eat Smart, Meet Smart Workplace Guidelines, Breastfeeding Friendly Policy, Zoning to increase the number and quality of food retailers and restaurants in underserved areas, healthy food policy in schools, prohibition of fast-food restaurants near schools, Urban Agriculture policies)</p> <ul style="list-style-type: none"> • • • • •
Bylaws/Procedures	<p>(e.g. Bylaws for developers to include Green Space and Edible Landscapes, urban hens, support for pollinators, guidelines for Food and Beverages Sold at Sporting Events)</p> <ul style="list-style-type: none"> • • • • •
Community Committees/ Strategies/Implementation Plans	<p>(e.g. Urban Agriculture Plan, Agricultural Land Reserve Plan, Food Action Strategy, Food Policy Council, Joint Use land agreements, gleaning programs)</p> <ul style="list-style-type: none"> • Co-operative buying program and co-operative wood ovens • Bartering “bucks” for an alternative system of trade • • • •
Natural & Built Environment Assets	<p>(e.g. Farmer’s market space, # of community garden plots, edible boulevards & civic landscaping, urban public produce sites, ‘every lawn a garden’ initiatives, daycare and school gardens etc.)</p> <ul style="list-style-type: none"> • • • • •
Social Connectedness	<p>(e.g. Breastfeeding support and advocacy groups, learn-to cook classes, neighbourhood healthy food gardens and events, garden clubs, cultural food cooperatives, food preservation events etc.)</p> <ul style="list-style-type: none"> • Lack of social engagement or connectedness or • • • • • •
Other Community Programs	<ul style="list-style-type: none"> • People with addictions, elderly and disabled without purpose • • •

Healthy Communities Scan

Pillar #3: Tobacco Reduction, Drug and Alcohol awareness

Policy	<p>(e.g. Council Resolution, Official Community Plans, Smoke Free Area Policies, Smoke Free public sector housing policies, local government buildings meet LEED smoke-free requirements, Smoke-free housing options)</p> <ul style="list-style-type: none"> • Health Canada and Interior Health anti-smoking policies • • •
Bylaws/Procedures	<p>(e.g. Comprehensive Smoke Free Bylaws, including: on restaurant and pub patios, in outdoor public places, in parks and on trails, on local government properties, in health care and post-secondary institution sites, enforcement of bylaws)</p> <ul style="list-style-type: none"> • • • •
Community Committees/Strategies/Implementation Plans	<p>(e.g. Tobacco Reduction Strategy: Public education, promotion of fire hazards, action to address the environmental impact of tobacco litter in public spaces)</p> <ul style="list-style-type: none"> • • • • •
Natural & Built Environment Assets	<p>(e.g. Signage)</p> <ul style="list-style-type: none"> • • •
Social Connectedness	<p>(e.g. Smoke-free workplace groups, cessation support groups)</p> <ul style="list-style-type: none"> • Smoke free community club, seniors center, museum and band office • • • • • • • •
Other Community Programs	<ul style="list-style-type: none"> • Hedley Grace Church offers counselling • Hedley Volunteer Fire Department hosted a stop smoking campaign • • • •
	<ul style="list-style-type: none"> • • • • • •

Healthy Communities Scan

Pillar #3: Tobacco Reduction, Drug and Alcohol awareness GAP ANALYSIS

Policy	<p>(e.g. Council Resolution, Official Community Plans, Smoke Free Area Policies, Smoke Free public sector housing policies, local government buildings meet LEED smoke-free requirements, Smoke-free housing options)</p> <ul style="list-style-type: none">••••
Bylaws/Procedures	<p>(e.g. Comprehensive Smoke Free Bylaws, including: on restaurant and pub patios, in outdoor public places, in parks and on trails, on local government properties, in health care and post-secondary institution sites, enforcement of bylaws)</p> <ul style="list-style-type: none">••••
Community Committees/Strategies / Implementation Plans	<p>(e.g. Tobacco Reduction Strategy: Public education, promotion of fire hazards, action to address the environmental impact of tobacco litter in public spaces)</p> <ul style="list-style-type: none">••••
Natural & Built Environment Assets	<p>(e.g. Signage)</p> <ul style="list-style-type: none">•••
Social Connectedness	<p>(e.g. Smoke-free workplace groups, cessation support groups)</p> <ul style="list-style-type: none">• Smoke free community club, seniors center, museum and band office••
Other Community Programs	<ul style="list-style-type: none">•••

Healthy Communities Scan

Pillar #4: Healthy Built Environment

Policy	<p>(e.g. Official Community Plans, Regional Growth Strategy, active transportation policies, agricultural land protection policies, community safety policies, snow and ice control policies, accessibility policies – see some other examples on pillars 1 & 5)</p> <ul style="list-style-type: none"> • RAPP LINE: 1-877-952-7277 (Report all poachers and polluters) • ARGO maintains our streets after the highway is done • Water tested weekly, arsenic testing done quarterly (Interior Health requirement) • Hedley Improvement District charter covering Fire Protection, Water Supply and Street Lighting • Active support for NO POLICY in Hedley • Expressed Social values are a valuable form of policy • (gap) Neighbourhood coalition could address gaps that HID can't
Bylaws/Procedures	<p>(e.g. mixed land use zoning bylaws, zoning bylaws related to urban agriculture, parking, etc.)</p> <ul style="list-style-type: none"> • Burning bylaw introduced two years ago by HID • Streetlights are covered by taxation in the Fire Protection bylaw- means province bills it out MOTION SENSORS • Wilderness Dumping Footprint signage and website • Service agreement between USIB and HID for fire protection • Mutual aid agreement with Regional District for fire protection • Hedley Fire Department • Medical First Responders through Hedley Fire Department • Unightly premises bylaw through RDOS
Community Committees/Strategies /Implementation Plans	<p>(e.g. Housing Strategy, downtown revitalization plans, waste management strategy, parks trails and green spaces plans, active transportation plans, etc.)</p> <ul style="list-style-type: none"> • An active walking and cycling ethic through town, weather permitting • Crown lands which may be suitable for community greens waste management • Ample space to locate a recycling depot (lot 2900 contaminated lands) • (gap) Neighbourhood coalition could address gaps that HID can't
Natural & Built Environment Assets	<p>(e.g. Pool, Recreation Center, Parks, trails, meeting halls, civic and cultural amenities, neighbourhood meeting places, safe sidewalks, club houses, sidewalks, front porches, neighbourhood amenities, bike paths, end-of-trip facilities for cyclists, etc.)</p> <ul style="list-style-type: none"> • Water reservoir - unchlorinated • Many old mining roads = trail system • Gymnasium (Chuchwayha: kitchen condemned), Seniors' Center, Community Club, Museum, Snaza'ist Interpretive center (movie theatre and Olympic live site) Grace Church, St. Anne's Church • Unity Park (old ballpark) and the surrounding hillsides • Paved streets, safe for walking & cycling • All public buildings (Post Office, HID, Museum, Seniors' Centre, Grace Church, Community Club), are wheelchair accessible • Public washrooms, open seasonally • Greyhound delivery to Hedley which acts as a courier • Post office and Library are rare services in rural communities which we have HIGH usage of, so they remain • Two significant mail order businesses are likely the REASON our post office remains open: Lacompte and Bain
Social Connectedness	<p>(e.g. Neighbourhood Associations, Social Planning Council, Municipal/citizen Advisory Committees, Age specific support groups and club houses, neighbourhood gathering/meeting places, regular and accessible citizen engagement opportunities, etc.)</p> <ul style="list-style-type: none"> • Community Club, Museum Society, Seniors' Center, USIB Band office, Grace Church • Notice boards at the general store and post office, and senior's center, and museum • Wilderness Dumping Footprint (work bees to clean up environment) • Forest Fire rating hung at HID office • (gap) Neighbourhood coalition could address gaps that HID can't • Grace Church thrift store • www.hedleybc.ca website • Hedley Buy, Sell or trade on Facebook • Keremeos Pharmasave transport of prescriptions to Hedley country market • Princeton and Keremeos social events which we participate in • Meeting rooms in Community Club, HID, Senior's Center, and Museum AV Equipment at all, can be borrowed • Projectors at HFD and at Community Club
Other Community Programs	<ul style="list-style-type: none"> • 29 buildings out of 200 have been identified as unoccupied (seasonal and/or vacant) HFD • Scrap metal service exists to remove old cars for cash

Healthy Communities Scan

Pillar #4: Healthy Built Environment *GAP ANALYSIS: What are we missing?*

<p>Policy</p>	<p>(e.g. Official Community Plans, Regional Growth Strategy, active transportation policies, agricultural land protection policies, community safety policies, snow and ice control policies, accessibility policies – see some other examples on pillars 1 & 5)</p> <ul style="list-style-type: none"> • NO POLICY, Social policy or otherwise • No community plan • Lack of coverage for the fire protection district to up to 8km both east and west. Current restriction is to within 300 meters of an HID hydrant • Taxation dollars from Fortis gas plant and Barrick • Water oversight: Twenty Mile Creek and Similkameen River •
<p>Bylaws/Procedures</p>	<p>(e.g. mixed land use zoning bylaws, zoning bylaws related to urban agriculture, parking, etc.)</p> <ul style="list-style-type: none"> • Abandoned vehicles ownership/reclamation (interjurisdictional nightmare) • Enforcement of laneway access is not done- people have incorporated them into their properties • RCMP can ticket abandoned vehicles and remove them- • Community Policing
<p>Community Committees/Strategies /Implementation Plans</p>	<p>(e.g. Housing Strategy, downtown revitalization plans, waste management strategy, parks trails and green spaces plans, active transportation plans, etc.)</p> <ul style="list-style-type: none"> • Lack of any town-wide community group or organization to discuss issues • • • •
<p>Natural & Built Environment Assets</p>	<p>(e.g. Pool, Recreation Center, Parks, trails, meeting halls, civic and cultural amenities, neighbourhood meeting places, safe sidewalks, club houses, sidewalks, front porches, neighbourhood amenities, bike paths, end-of-trip facilities for cyclists, etc.)</p> <ul style="list-style-type: none"> • Sewage treatment • Old car practice for fire dept • Trails expansion and publicity for the trails • • • •
<p>Social Connectedness</p>	<p>(e.g. Neighbourhood Associations, Social Planning Council, Municipal/citizen Advisory Committees, Age specific support groups and club houses, neighbourhood gathering/meeting places, regular and accessible citizen engagement opportunities, etc.)</p> <ul style="list-style-type: none"> • • • •
<p>Other Community Programs</p>	<ul style="list-style-type: none"> • Ride share • Neighborhood watch- people are afraid of repercussions Citizens On Patrol • Speed reader board can be brought to Hedley without a new community group forming • Monthly meeting with RCMP • •

Healthy Communities Scan

Pillar #5: Priority Populations

Choose the population group(s) that is a priority for health action in your community.

e.g. Seniors, Low Income, Aboriginal, Mental Health, Children & Youth

Policy	<p>(e.g. Social, Age, or Child Friendly policies, Housing policies, Access to Recreation policies, Beach protection policies, Green space proximity policies, Health & Safety policies, Inclusion, Diversity and Equity policies)</p> <ul style="list-style-type: none"> • An Equity policy was created so that the water toll and parcel tax equitably impacts all landowners and users • <i>most events allow children to attend free or at a reduced rate</i> • Hedley Heritage Museum Society is a registered Charitable organization • Hedley Community Club is a “Recreation Commission” with a focus on activities • Hedley Senior’s Society is undergoing organizational change from a lobby group to a community service group • Hedley Volunteer Fire Department is open to all residents: volunteers undergo a probationary performance period of three months before a radio is issued •
Bylaws/Procedures	<p>(e.g. recreation, Mental Health Impact Assessment, lighting)</p> <ul style="list-style-type: none"> • Streetlights keep the streets lit, but often over-lit. Many residents would like to promote a dark sky community because Hedley has millions of stars! • MOTION SENSORS desired!!! • Service agreement between USIB and HID for fire protection • Mutual aid agreement with Regional District •
Community Committees/Strategies /Implementation Plans	<p>(e.g. Public Art & Culture, Social Sustainability, Health, Diversity and Inclusion, Vibrant Communities, Seniors Wellness, Poverty Reduction, Housing, Employment initiatives)</p> <ul style="list-style-type: none"> • Seniors Wellness, particularly caring for “shut-ins” • Neighbors take care of one another • Community Club Youth Group and garden • Grace Church to send kids to Camp Tulahead • Grace Church thrift store • Grace Church pastoral outreach and counselling • Grace church bottle drive for youth programs • Seniors’ Centre loans crutches, wheelchairs, mobility aids for disabled persons • •
Natural & Built Environment Assets	<p>(e.g. Green/meeting space, curb cuts, grit box de-icing, Aboriginal Art in key settings, Centres/Gathering Places: Recreation, Neighbourhood Learning, Seniors, Strong Start, Wellness, Neighbourhood & Urban Hubs, proximity to natural amenities, linear parks & beach front access (x km), Community Schools, Friendship Centres, Public libraries, Appropriate signage, Distribution of amenities so proximity to all, healing gardens, churches,)</p> <ul style="list-style-type: none"> • Benches outside Woodlie park on Scott well-used • Cenotaph is a “hang out” spot • Senior’s Center for morning coffee • ORL Library at Senior’s Center • Community Bulletin boards • Snaza’ist Interpretive Center with Olympic live site and movie theatre • Books and DVDs available at Seniors’ Centre • 20 Mile Creek (kids swimming) & Similkameen River (families swimming, rafting, kayaking, gold panning & rock collecting) • 20 Mile Creek trails (3-4 kms) for walking, dog-walking •
Social Connectedness	<p>(e.g. Neighbourhood Associations, Social Planning Council, Clubs, support groups, Scouts, YMCA, Boys and Girls, Seniors groups, Community Choirs, Friendship Centres, Cultural groups, social capital projects e.g. Snow Angels, time banks, faith based, helping initiatives ‘Helping Hands’, support programs/clubs for vulnerable populations, CMHA wellness programs, Community Movie nights, festivals, concerts, faith based community groups)</p> <ul style="list-style-type: none"> • • Senior’s Center, Community Club, Museum and USIB Band office • Children, anyone living in poverty, First Nations and Seniors, People with Disabilities • Hedley buy, sell or trade website, along with Hedleybc.ca, hedleyimprovementdistrict.ca • Summer Thrift store at Grace Church •
Other Community Programs	

Healthy Communities Scan

Pillar #5: Priority Populations *GAP ANALYSIS* What do we need to thrive?

Choose the population group(s) that is a priority for health action in your community.

e.g. Seniors, Low Income, Aboriginal, Mental Health, Children & Youth

Policy	<p>(e.g. Social, Age, or Child Friendly policies, Housing policies , Access to Recreation policies, Beach protection policies, Green space proximity policies, Health & Safety policies, Inclusion, Diversity and Equity policies)</p> <ul style="list-style-type: none"> • • •
Bylaws/Procedures	<p>(e.g. recreation, Mental Health Impact Assessment, lighting)</p> <ul style="list-style-type: none"> • • •
Community Committees/Strategies /Implementation Plans	<p>(e.g. Public Art & Culture, Social Sustainability, Health, Diversity and Inclusion, Vibrant Communities, Seniors Wellness, Poverty Reduction, Housing, Employment initiatives)</p> <ul style="list-style-type: none"> • • • • • •
Natural & Built Environment Assets	<p>(e.g. Green/meeting space , curb cuts, grit box de-icing, Aboriginal Art in key settings, Centres/Gathering Places: Recreation, Neighbourhood Learning, Seniors, Strong Start, Wellness, Neighbourhood & Urban Hubs, proximity to natural amenities, linear parks & beach front access (x km) , Community Schools, Friendship Centres, Public libraries, Appropriate signage, Distribution of amenities so proximity to all, healing gardens, churches,)</p> <ul style="list-style-type: none"> • Old Folks’s home with a nurse • Vacant houses and rental houses • Long term care for the elderly • People living in their own houses with a caregiver nearby to retain independence • • • •
Social Connectedness	<p>(e.g. Neighbourhood Associations, Social Planning Council, Clubs, support groups, Scouts, YMCA, Boys and Girls, Seniors groups, Community Choirs, Friendship Centres, Cultural groups, social capital projects e.g. Snow Angels, time banks, faith based, helping initiatives ‘Helping Hands’, support programs/clubs for vulnerable populations, CMHA wellness programs, Community Movie nights, festivals, concerts, faith based community groups</p> <ul style="list-style-type: none"> • Senior and disabled people who do not have a support network • • • • • • •
Other Community Programs	<ul style="list-style-type: none"> • •

Healthy Communities Scan

Glossary of Terms

Policy is a proposed or adopted principle of action. For local governments, policy statements guide decisions about planning and land use management.

Bylaws / Procedures are laws or procedures.

Built Environment Assets includes all the human-made spaces in which people live, work, commute and recreate on a day-to-day basis.

Natural Environment Assets are in contrast to the built environment and includes resources, areas and features largely untouched by humans such as forests, bodies of water, etc.

Social Connectedness is the measure of how often people interact with one another, the quality of personal relationships, and civic and social involvement.